

RED CARPET WORKSHOP
presents:



Invoking THE GODDESS - A Way of Initiation for Women

Munich: April 30 - May 1st, 2011

Berlin: May 7th - May 8th, 2011

By Petra Gallasch

Dear Beautiful Ones,

I am writing this letter to you while I am totally snowed in and lost electricity for 4 days. As you know this workshop will be about the Goddess , and here the 'light (white snow) and dark (dark night) goddess has presented herself to me. Isn't that amazing?

I always believed there was a Goddess, a female principle that took care of the earth with love and respect honoring each and every creature that lives on this beautiful planet.

A Goddess – sometimes fierce, dark and fiery like a Shakti Woman, like Kali, like a black Madonna who burns the old, the useless and who knows how to let go of everything that does not serve her.

A Goddess – deeply loving and caring, nourishing and nurturing like the great mother.

A Goddess – who lives beyond time and space and who knows the secrets of the great universe and is the source of ancient wisdom.

A Goddess – who is connected to all and lives inside of YOU.



I know I can not find her outside of myself, she resides inside of me and in order to discover her I am invited on a daily basis to let go of everthing that is not ME, not real, not authentic, not truthful to me.

I know I have to heal myself in this process and as I heal, my fellow sisters are inspired to heal and the earth starts to heal.

The Dalai Lama says that "Women of the West" will save the earth.

This is a huge task in a time where everything seems to change, shift and to fall apart.

I know we can take on the task, yet we have to get to know the great Goddess and the Goddess inside of ourselves.

How do we learn to walk our talk, live our truth, heal our bodies and souls, and share our essence and feminine virtues? How do we soften our bellies and live our beauty with gentleness?

It is being said that behind every great man is a great woman
AND behind every great woman, is a group of sisters.

In this workshop we will connect with the true meaning of OUR red carpet and the Goddess, and we will do so with the love, care, connection and the support of our fellow-sisters – Goddesses.

We will laugh, play, sing, dance, write, share, express, touch, be still, cry together and our shared experience will weave a new way of relating and being in the world. We will feel the release of the old and the reconnecting with our power and essence. We will share our PURPOSE while other women witness this historical moment in time.

Deep inside of ourselves we know all the secrets. In this work we embrace the male and female aspects inside of ourselves, we unite and unify with all that we are and connect with our intuition and deep ancient wisdom.

That is the path of the Goddess.

Allow HER to awaken in yourself!

It is going to be an unforgettable fun and life-changing experience!

So much love and hope to see you soon,

Petra

***Connect with the Goddess in you
Embrace the Sacred Feminine
Meet the Shakti Woman
Release Who you are NOT
Live your Purpose***



If you have ever felt:

Overwhelmed

Too small

Too little

Sad

Alone

Isolated

Not seen

Not heard

Depressed

You have a flaw

Not appreciated

It is so easy to feel like giving up

You are not good enough

You can't do it all by yourself

This Workshop is for YOU

WE WILL SHARE MANY DIFFERENT EXPERIENCES:

- Sharing joy, fun and laughter
- Seeing each other
- Receiving each other
- We don't do this work alone and will call in for Guidance
- Getting clarity and finding focus
- Grounding and connecting with the earth
- Discovering your beauty, power, gift and shadow
- Overcoming fear and self-consciousness
- Making an offering
- Receiving from one another
- Healing and Repatterning old ways
- Release of the Past
- Sister Support
- Connecting to Life through the Breath
- Releasing and Honoring
- Reconnecting with your Purpose
- Finding an answer for a difficult question
- Receiving Healing Touch
- Overcoming shame and guilt
- Connecting with your Intuition
- Reclaiming your Power
- Discovering the Goddess in YOU



THE CONTENT OF THE WORKSHOP:

Day #1 of your RED CARPET

Opening Circle
Invocation
The Voice Exercise
Grounding Exercises
A Special Writing + Sharing Technique
Deva Dasi – Dance
Through the eyes of the heart of another woman
Meditation
Music
Initiation: Maiden – Mother – Crone
Red Carpet Exercise/Kali Dance
Hands holding Hands Flag Exercise



Day #2 of your RED CARPET

Breathwork
Circle Meeting
I had a Dream - Performance
Chakra Exercise
Temple Meditation
Healing Touch Exercise
My Love Affair with my Body?
THE GODDESS – The Intuitive
Red Carpet Finale
Reclaiming your Power
Living your Purpose

Petra Gallasch Biographie:

Petra Gallasch has been studying and training in the healing arts for more than 20 years. She works as an intuitive consultant, coach and teacher. She is a Reiki Master and has been a yogini and meditation practitioner for 22 years. She is trained in council and also does emotional and trauma release work.

Her experience as an artist and actors' muse and empowerment coach, published author, radio host and film/tv producer taught her much about the human experience.

As an activist, European soul and a pixie in politics she believes in living a creative, sustainable life – supporting the NEW way in, being the change she wants to see.

In 2006 she walked the 777 km long "Camino de Santiago de Compostela" in 34 days in Spain. She is currently completing a book about this mystical journey into herself and womanhood.

As an adventuress she loves to travel experiencing different cultures. She aspires to enrich and open up her own horizons on a daily basis, and she hopes to contribute to a way of living that is more conscious and connected. Her passion is to inspire others to connect to their hopes, dreams and visions, as she listens to her own callings.

Married to artist, actor and sculptor Marcus Maria Jung, she lives up north and in LA and works in the US and in Europe.



SEMINARDETAILS:

Organisator:

Munich:

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lalelucie@t-online.de

Berlin:

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Ort:

Munich/Berlin:

Steht noch nicht fest. TBD. Alle Teilnehmer werden rechtzeitig verständigt.

Zeit:

Samstag/Sonntag 10:00 – ca. 19:00 ++ (mit 1 Pause)

Seminargebühr:

€ 350,-

Early Bird Ermässigung:

Bei Anmeldung bis

2. April: € 320,-

Bei Anmeldung für Empower und Red Carpet bis 2.April: € 620,-

Übernachtung:

Fragt bitte Kollegen oder wendet Euch an das Tourismusamt Berlin:

www.booking.com/berlin - MotelOne hat günstige Preise – CrewUnited hat Apartments, die vermietet werden

Unterlagen zum Mitbringen:

- 1 Journal (für persönliche Notizen)
- Stifte
- Yoga Pants/bequeme Kleidung/2 T-Shirts zum Wechseln
- Yoga Matte
- Kissen oder Meditationskissen
- 1 Outfit für die Goddess (be creative)
- Bikini
- Handtuch und 1 Bettlaken/Decke

Anmeldung

Ich melde mich hiermit verbindlich an für:

“RED CARPET WORKSHOP for Women: THE GODDESS”

- Red Carpet München 30.April/1.Mai 2011
- Red Carpet Berlin 07./08.Mai 2011

Name, Vorname _____
Straße _____
PLZ/Ort _____
Telefon/Handy _____
Email _____

Seminargebühr:

‘Early Bird’ bis 02. April: € 320 - Red Carpet und Empower bis 2.April: € 620

Zahlung:

Die Zahlung ist bei Anmeldung fällig.

Die Seminargebühr von €.....habe ich amüberwiesen an:

Petra Gallasch/THE STUDIO Inc.

Commerzbank München

Konto-Nr.: 06 060 791 00

BLZ: 700 800 00

IBAN: DE40 7008 0000 0606 0791 00

SWIFT-BIC: DRES DE FF

Wie hast Du von uns gehört:

Unterschrift _____ Datum _____

Bitte Anmeldung faxen an: 001 310 756 1319 oder einscannen und via email
an lalelucie@t-online.de (Munich) und mail@julitawitt.de (Berlin)

Rücktrittsbedingungen/AGB:

-Falls die Anmeldung zurückgezogen wird und keine Ersatzperson genannt werden kann, berechnen wir eine € 50 Bearbeitungsgebühr.

Ab 23.04. (für Red Carpet München) und 01.05. (für Red Carpet Berlin) 50% der Seminargebühr.

Ab 28.04. (Red Carpet München) und 5.5. (für Red Carpet Berlin) werden keine Seminargebühren mehr erstattet.

-Diese Anmeldung ist per Fax oder email gültig.

-Ich erkläre mit meiner Anmeldung, dass ich selbstverantwortlich handle und Veranstalter, Seminarleiter, Koordinator sowie den Vermieter von jeglichen Haftungsansprüchen -ausgenommen Verletzungen aufgrund von Vorsatz und grober Fahrlässigkeit - freistelle.